



Mark Jarman-Howe

Mark has been Chief Executive of St Helena Hospice, based in Colchester, since 2013. As well as providing a wide range of hospice and community care services, St Helena also has a growing portfolio of social enterprises including a care agency, lottery businesses, over 20 shops, a cleaning company, and an arts and crafts business.

He was a founding director and first Chair of the Hospice Quality Partnership, a national procurement collaborative with over 80 hospice and other care provider partners. A former member of the Hospice UK Advisory Council he has also been an elected non-executive director of Dignity and Dying, and trustee and Vice Chair of national charity Compassion in Dying.

Active in place based partnerships and health and care system leadership he is former executive lead and Chair of the North East Essex Health and Wellbeing Alliance, a partnership of NHS organisations, local authorities and the voluntary sector. He was Chair of the community services provider collaborative in North East Essex and is a member of the Colchester Town Deal Board and a Colchester Ambassador.

He has previously worked in the NHS, as a commissioner and as a senior operational manager at Cambridge University Hospitals and Colchester General Hospital. He started his career in HM Prison Service on their graduate leadership scheme working in several senior management roles across the country.

He has a degree in Politics and an MBA from Henley Business School.

Mark is married with two grown-up children. He enjoys running and walking his golden retriever Yoshimi, and is a keen cook.