



DJ Mitsch

DJ Mitsch is a pioneer in the coaching profession and one of the early leaders who helped bring coaching into organizations around the world, and first in for research on the impact. A former executive in the broadcast industry, she co-founded The Pyramid Resource Group in 1994 and has spent more than 30 years advising and scaling coaching to Fortune 100 companies, healthcare systems, academic medical centers, and for senior leaders navigating transformation.

DJ served as the sixth global president of the International Coach Federation and later founded Healthcare Coaching Institute, one of the first organizations dedicated to bringing accredited coach training to healthcare leaders. Her work focuses on leadership development, culture change, wellbeing, emotional intelligence, and the human side of transformation. Today, she continues to inspire leaders to create healthier organizations through the power of coaching conversations.