



Bridget Sumser, LCSW

Director of Clinical Programs, Mettle Health

Bridget became a social worker to help people living with serious illness. Over the course of the last 10 years, she has worked across settings, providing support and companionship to patients, families, community members, and providers. Bridget received her MSW from NYU in 2012 and has been in private practice since 2019. She has worked in palliative and end-of-life care for over a decade, which informs who she is and how she shows up as a support and helper in myriad ways. In addition to her clinical work, she is a writer and educator and edited *Palliative Care: A Guide for Health Social Workers* (Oxford University Press, 2019). Her practice is rooted in a commitment to social justice and understanding illness and caregiving within the context of a unique life. Above all, she looks to promote connection and well-being.